

APPETIZERS

ITALIAN EGG ROLL.....\$5.95

STUFFED WITH SEASONED ITALIAN SAUSAGE, ROASTED VEGETABLES, MOZZARELLA CHEESE, & GRATED PARMESAN CHEESE SERVED WITH A MARINARA SAUCE

CALAMARI..... \$7.95

FRIED TO GOLDEN BROWN AND SERVED WITH A SIDE OF MARINARA OR FRA DIAVOLO SAUCE FOR DIPPING OR TOSS THEM IN A SWEET AND SPICY SAUCE

COCONUT SHRIMP.....\$8.50

PANKO BREADCRUMB AND SWEET FLAKE COCONUT ENCRUSTED SHRIMP SERVED WITH A COCONUT AND TROPICAL FRUIT DIPPING SAUCE

SEAFOOD CAKE.....\$6.95

CRABMEAT, SHRIMP, AND SCALLOPS PAN SEARED AND SERVED WITH TARTAR SAUCE

STEAMED CLAMS.....\$12.95

ONE DOZEN STEAMED LITTLENECKS SERVED WITH A GARLIC WINE SAUCE & BREAD

FRED'S WINGS..... \$7.95

CHICKEN WINGS TOSSED IN YOUR CHOICE OF SAUCE: BUFFALO STYLE, BBQ, SWEET-N-SPICY, SWEET CHILI TERIYAKI, GARLIC OR YOUR OWN COMBINATION OF SAUCES!

CARPACCIO..... \$8.95

THINLY SLICED SEARED FILET MIGNON GARNISHED WITH AGED PARMESAN AND TOPPED WITH A SALAD OF ARUGULA AND CAPERS FINISHED WITH A BALSAMIC GLAZE & LEMON

SHRIMP COCKTAIL.....\$9.95

5 U-15 SHRIMP POACHED IN SPICES & SERVED WITH A LIME CILANTRO COCKTAIL SAUCE

STEAMED MUSSELS MARINARA OR BIANCO (A GARLIC WINE SAUCE)..... \$6.50

SOUP AND ENTREE SALADS

SALADS DRESSING OPTIONS ARE: BALSAMIC, CITRUS, ORIENTAL, HONEY MUSTARD, RANCH, OR RUSSIAN.
SUBSTITUTE BLUE CHEESE DRESSING OR ADD BLUE CHEESE CRUMBLES FOR \$1.

SOUP OF THE DAY CUP.....\$3.50 BOWL.....\$4.50

CAESAR SALAD.....\$6.95 WITH HERB GRILLED CHICKEN..... \$10.95

SLICED HANGER STEAK.....\$11.95 SHRIMP.....\$12.95 GRILLED SALMON.....\$12.95

ORIENTAL CITRUS CHICKEN SALAD.....\$12.95

GRILLED CHICKEN, CARROTS, CRISPY WONTON STRIPS, CUCUMBERS, TOMATOES, PICKLED ONIONS, SESAME SEEDS, AND ORANGES OVER MIXED GREENS WITH A ORIENTAL CITRUS VINAIGRETTE

SALAD OF THE SEASON.....\$9.95 WITH HERB GRILLED CHICKEN.....\$13.95

MIXED GREENS, SEASONAL FRESH FRUITS, BALSAMIC MARINATED GRILLED VEGETABLES, CRUMBLED BLUE CHEESE AND TOASTED ALMONDS SERVED WITH YOUR CHOICE OF DRESSING

KEY WEST SALAD.....\$12.95

PAN SEARED SCALLOPS WITH BALSAMIC MARINATED GRILLED VEGETABLES, CARROTS, TOMATOES, & CUCUMBERS SERVED OVER MIXED GREENS FINISHED WITH OUR CITRUS VINAIGRETTE

SANDWICHES

SERVED WITH YOUR CHOICE OF FRED'S FRIES OR HOUSE SALAD.
SUBSTITUTE SWEET POTATO FRIES FOR \$1.50 OR BEER BATTERED ONION RINGS FOR \$2.

THE LK BURGER.....\$9.95

8 OZ HANDCRAFTED BURGER TOPPED WITH BACON, MELTED CHEDDAR CHEESE, AND SAUTÉED ONIONS SERVED ON OUR HOUSE MADE BRIOCHE ROLL

CAJUN BURGER.....\$9.95

8 OZ HANDCRAFTED BURGER TOPPED WITH SAUTÉED ONIONS, SPICY CHERRY PEPPERS, SMOKED BACON & HORSERADISH CHEDDAR, AND CHIPOTLE MAYO SERVED ON OUR HOUSE MADE BRIOCHE ROLL

UPGRADE YOUR BURGER TO AN 8OZ KOBE BEEF BURGER FOR \$3.00

VEGGIE BURGER.....\$9.95

GROUND ROASTED SEASONAL VEGETABLES AND BEANS TOPPED WITH SAUTÉED ONIONS, ROASTED PEPPERS, PROVOLONE CHEESE & PESTO MAYO SERVED ON A HOUSE MADE HERB FOCACCIA ROLL

MARINATED BEEF WRAP..... \$11.95

GRILLED SLICED HANGER STEAK, BLACK BEANS, SPICY CHERRY PEPPERS & SALSA ROLLED IN A GARLIC HERB WRAP

GRILLED CHICKEN SANDWICH.....\$9.95

GRILLED HERB CHICKEN TOPPED WITH ROASTED RED PEPPERS, CARAMELIZED ONIONS, & MELTED PROVOLONE CHEESE ON OUR HOUSE MADE BAGUETTE WITH PESTO MAYO

MAIN PLATES

ALL ENTREES ARE SERVED WITH OUR OWN BAKED BREAD & FRED'S SIDE SALAD OR CUP OF SOUP.
SUBSTITUTE BLUE CHEESE DRESSING, SIDE CAESAR SALAD, OR ADD BLUE CHEESE CRUMBLES FOR \$1.
WE CAN ALSO SUBSTITUTE WHOLE WHEAT OR GLUTEN FREE PASTA FOR A \$1.50.

PASTA

MANICOTTI..... \$14.95

OUR OWN HOUSE MADE PASTA STUFFED WITH ITALIAN CHEESES AND SERVED WITH OUR MARINARA SAUCE

SHRIMP ASIAGO.....\$18.95

SIX SHRIMP SAUTÉED WITH GARLIC, WHITE WINE, ASPARAGUS TIPS, PANCETTA, ASIAGO CHEESE, AND TOMATOES SERVED OVER LINGUINI

LINGUINE WITH CLAM SAUCE..... \$16.95

CHOICE OF OUR MARINARA SAUCE OR BIANCO WITH GARLIC, OIL, AND WINE SAUCE

LOBSTER RAVIOLI.....\$18.95

SERVED WITH A TRUFFLED TOMATO CREAM SAUCE

SEAFOOD FREDERICO..... \$19.95

SHRIMP, SCALLOPS, LITTLE NECK CLAMS, CALAMARI AND MUSSELS OVER LINGUINE.
CHOOSE YOUR SAUCE: BIANCO (GARLIC, OIL, & WINE), MARINARA, OR FRA DIAVOLO (SPICY MARINARA) SAUCE

ENTREES

SWEET-N-SPICY SALMON.....\$17.95

SALMON BROILED WITH A SWEET CHILI GLAZE AND TOPPED WITH A PINEAPPLE MANGO SALSA OVER POTATO AND VEGETABLES

CHICKEN PARMIGIANA..... \$16.95

BREADED BONELESS CHICKEN BREAST LAYERED WITH OUR MARINARA SAUCE & MELTED MOZZARELLA CHEESE OVER SPAGHETTI

FRANCESE.....CHOICE OF CHICKEN.....\$16.95 OR SOLE.....\$17.95

COATED IN A HERB FLOUR AND EGG BATTER THEN SAUTÉED WITH LEMON, GARLIC, BUTTER AND WINE SAUCE OVER ANGEL HAIR PASTA

CHICKEN MARSALA.....\$17.95

SAUTÉED WITH PORTABELLO & WILD MUSHROOMS OVER PENNE IN A MARSALA WINE SAUCE

GRILLED HANGER STEAK.....\$17.95

MARINATED HANGER STEAK GRILLED TO MEDIUM RARE AND SERVED SLICED WITH A CABERNET DEMI GLACE WITH POTATO AND VEGETABLES

VEAL SALTIMBOCCA.....\$19.95

SAUTÉED SCALLOPINI WITH HERBS, GARLIC, FRESH SPINACH, PROSCIUTTO, MOZZARELLA, AND A BUTTER WHITE WINE SAUCE OVER LINGUINE

SIDES

FRED'S FRIES.... \$3.50

SWEET POTATO FRIES...\$4.00

ONIONS RINGS..... \$4.50

PASTA WITH GARLIC AND OIL...\$3.00

SIDE SALAD.....\$3.00

BASKET OF FRED'S FRIES.....\$4.95

BASKET OF SWEET POTATO FRIES....\$5.95

BASKET OF ONION RINGS.....\$6.95

PASTA WITH MARINARA.....\$3.00

BEVERAGES

COKE, DIET COKE, SPRITE, DR. PEPPER, ROOT BEER, LEMONADE....\$2.50 (WITH 1 FREE REFILL)

COFFEE, DECAF.....\$2.00

ESPRESSO.....\$2.75

ICED COFFEE.....\$2.25

JUICE.....\$2.00

TEA.....\$1.50

CAPPUCCINO.....\$3.50

ICED TEA\$2.00

PELLEGRINO 250ML...\$3.00...500ML.....\$5.50

18% GRATUITY WILL BE ADDED TO PARTIES OF SIX OR MORE. SHARED PLATE CHARGE: \$5.00
ALL OF OUR FOOD IS PREPARED TO ORDER. IF YOU ARE LIMITED FOR TIME, PLEASE LET US KNOW!
THANK YOU FOR YOUR PATIENCE. WE ENJOYED SERVING YOU TODAY.